

Rose Lake Youth Camp Sample Menu

Sunday

Evening Snack

Cheese-Chips
Vegetable Tray/Dip
Beverage

Breakfast

Lunch

Dinner

Monday

Pancakes
Plain/Choc Chip
Butter/Syrup
Sausage Links
Fruit
Juice
Cold Cereal/Milk
Hot Chocolate

Sliced Ham
Potatoes
Hot Vegetable
Salad Bar
Fruit
Beverage
Dessert

Grilled Cheese
Soup-Choice of 2
Fruit
Salad Bar
Dessert
Beverage

Tuesday

Scram Eggs/Cheese
Toast
Bacon
Fruit
Juice
Cold Cereal/Milk
Hot Chocolate

Spaghetti/Sauce
Garlic Bread
Hot Vegetable
Salad Bar
Fruit
Beverage
Dessert

Chicken Strips
Dipping Sauce
Fries
Fruit
Salad Bar
Dessert
Beverage

Wednesday

Cinnamon Rolls
Oatmeal/Brown Sugar
Fruit
Cold Cereal/Milk
Fruit
Hot Chocolate

Sliced Turkey
Mashed/Gravy
Hot Vegetable
Salad Bar
Fruit
Beverage
Dessert

Cookout
Hotdogs
Toppings
Chips
Vegetable Tray/Dip
Fruit
Baked Beans
Beverage
S'Mores

Thursday

French Toast
Butter/Syrup
Sausage Links
Fruit
Juice
Cold Cereal/Milk
Hot Chocolate

BBQ Chicken
Rice Pilaf
Hot Vegetable
Salad Bar
Fruit
Milk
Dessert

Pizza
Salad Bar
Fruit
Dessert
Punch

Friday

Muffins or Coffee Cake
Cold Cereal/Milk
Oatmeal/Brown Sugar
Juice
Fruit
Hot Chocolate

Hamburgers/Brats
Toppings
Vegetable Tray/Dip
2 Salads
Chips Fruit
Dessert
Drinks

Desserts

Cookies
Cakes
Fruit Crisp
Cheese Cake
Pies
Bar Cookies

Camp Fire Snacks

Rice Crispy Treats
No Bake Cookies
Nacho and Cheese
Popcorn
Hobo Pies
Watermelon
Cookies

Beverages

Milk
Ice Water
Lemonade
Fruit Punch

Salad Bar Items

Lettuce Mix
Choice of Dressings
Cottage Cheese
Shredded Cheese
Bacon Bits
Croutons
Assorted Fresh Vegetable Toppings

Peanut Butter, Jelly, and Bread Tray Available at all Meals

Any special meal requests (vegetarian, vegan, special medical diets) can be happily handled with advance notice. Call us at 231-768-4351.

Menu Subject To Change Without Notice